

ADULT PROGRAMS FOR 2009

THE BASICS FOR BEGINNERS

**AN INTRODUCTION TO THE FUNDAMENTALS FOR PLAYERS WITH VERY LITTLE EXPERIENCE AND/OR INSTRUCTION FOR LEVELS 1.0-1.5
MAXIMUM OF 6 PEOPLE PER CLASS.**

COST \$ 75.00

SESSIONS

- | | |
|--|--------------------|
| 1. MONDAY MAY 4, 11, 18, 25, JUNE 1 | 8:30-9:30PM |
| 2. FRIDAY MAY 8, 15, 22, JUNE 5, 12 | 7:30-8:30PM |
| 3. SUNDAY MAY 10, 17, 24, 31, JUNE 7 | 1:30-2:30PM |
| 4. MONDAY JUNE 8,15,22,29 JULY 6 | 8:30-9:30PM |
| 5. FRIDAY JUNE 19, 26, JULY 3, 10, 17 | 7:30-8:30PM |
| 6. SUNDAY JUNE 14, 21, 28 JULY 5, 12 | 1:30-2:30PM |

***NOTE: \$25.00 guest fee applies for each session to Non-members**

IMPROVING THE BASICS - LOW INTERMEDIATE

**TRAIN THE BASIC TECHNICAL & TACTICAL ELEMENTS REQUIRED TO PLAY GAMES. FOR LEVELS 2.5- 3.0
MAXIMUM OF 5 PEOPLE PER CLASS.**

COST \$ 95.00

SESSIONS

- | | |
|--|---------------------|
| 1. TUESDAY MAY 5, 12, 19, 26, JUNE 2 | 9:30-10:30PM |
| 2. FRIDAY MAY 8, 15, 22, 29 JUNE 5 | 8:30-9:30PM |
| 3. SUNDAY MAY 10, 17, 24, 31 JUNE 7 | 2:30-3:30PM |
| 4. TUESDAY JUNE 9, 16, 23, 30 JULY 7 | 8:30-9:30PM |
| 5. FRIDAY JUNE 12, 19, 26, JULY 3, 10 | 8:30-9:30PM |
| 6. SUNDAY JUNE 14, 21, 28 JULY 5, 12 | 2:30-3:30PM |

NOTE: \$25.00 guest fee applies for each session to Non-members

REVIEW OF THE FUNDAMENTALS - INTERMEDIATES

**A REVIEW OF THE FUNDAMENTAL TECHNIQUES AND STRATEGIES FOR PLAYERS RATED 3.0-3.5
MAXIMUM OF 5 PEOPLE PER CLASS.**

COST \$ 95.00

SESSIONS

- | | |
|---|---------------------|
| 1. TUESDAY MAY 5, 12, 19, 26, JUNE 2 | 9:30-10:30PM |
| 2. SATURDAY MAY 9, 16, 23, 30 JUNE 6 | 2:30-3:30PM |
| 3. SUNDAY MAY 10, 17, 24, 31 JUNE 7 | 3.30-4.30PM |
| 4. TUESDAY JUNE 9, 16, 23, 30 JULY 7 | 8:30-9:30PM |
| 5. SATURDAY JUNE 13, 20, 27 JULY 4, 11 | 2:30-3:30PM |
| 6. SUNDAY JUNE 14, 21, 28 JULY 5, 12 | 3:30-4:30PM |

NOTE: \$25.00 guest fee applies for each session to Non-members

CARDIO TENNIS

GET FIT WITH CARDIO TENNIS!

IMPROVE YOUR GAME AND FITNESS IN A SERIES OF DRILLS AND EXERCISES THAT ARE GUARANTEED TO MAKE YOU SWEAT AND GET YOUR HEART RATE UP TO ANOTHER LEVEL!!!

**STARTS ON MAY 13th
6-7PM on MONDAYS AND SATURDAYS**

MAXIMUM OF 10 PEOPLE PER CLASS

COST: \$ 15.00 PER CLASS

YOU CAN SIGN-UP WITH CLUB MANAGER ON A WEEKLY BASIS

ADULT LESSON REGISTRATION FORM

NAME _____

TELEPHONE _____

E-MAIL _____

CLINIC NAME _____

SESSION NUMBER _____

COST \$ _____

CLINIC NAME _____

SESSION NUMBER _____

COST \$ _____

***NOTE: \$25 guest fee applies for each session to Non-members**

PLEASE MAKE CHEQUES PAYABLE TO: ADAM BARANOWSKI

**REGISTRATION FORMS AND PAYMENT CAN BE DROPPED OFF AT THE
KEW GARDENS TENNIS CLUB OR MAILED TO:**

**ADAM BARANOWSKI
76 GLEN MANOR DR
TORONTO, ON
M4E-2X2**